

- a) i) **Do you approve Gagan's behaviour?**
 ii) **Why?**
- b) i) **Do you think Gagan is exercising risk taking?**
 ii) **How?**
- c) **How would you guide Gagan ? Explain.**

2. Rohan is the student of Std IX he wastes a lot of time using the cell phone. He knew that cell phone is prohibited in school . Still he violated the school rules and brought it without the knowledge of the teacher. One student of the same class informed the teacher confidentially. The teacher made futile attempts to find out the mobile. Many students were aware of it. Finally one student took courage and told the teacher who had the cell phone.

- a) i) **Is it right for Rohan to use the mobile in school?**
 ii) **Why?**
- b) i) **What is your opinion about the boy who gave the secret to the teacher?**
 ii) **Was he right in doing so?**
- c) **How will you help Rohan to remain sincere and truthful?**

3. Arun a student of Std X whose father was a drunkard lying on the road near the bus stand. When he goes home drunk he beats his wife and his son. Arun was not able to cope up with his studies due to the condition at home. He used to fail in his exams and could not concentrate on his studies. His classmates made fun of him.

- a) i) **Do you approve the behaviour of Arun's father?**
 ii) **What could be done?**
- b) i) **Do you feel right on what his classmates did to Arun?**
 ii) **What measures could be taken to avoid drinking by youth?**
- c) **How would you help Arun in such a situation. Give two suggestions?**

DIOCESAN EXAMINATION IN VALUE EDUCATION New Syllabus
MANGALA JYOTHI, MANGALORE - 575 005

Date : 05-01-2019

Time : 2½ hrs.

STD : X

Marks : 80

Note : Do not write your name in the answer paper. Write only the *register number*.

I. Choose the correct answer from the bracket: 10x1=10

1. Eating _____ food is essential for good health body and mind.
 (Junk; Nutritious; Fast-food)
2. The _____ within us directs our journey of life.
 (Instinct; Conscience; Will power)
3. _____ in God is the beginning of wisdom.
 (Love; Faith; Trust)
4. _____ is not merely acquiring information but formation of oneself.
 (Cleanliness; Education; Punctuality)
5. _____ paves the right way for greater deeds.
 (Wisdom; Attitude; Trust)
6. Successful people understand the value of _____.
 (Money; Power; Time)
7. Self motivation improves _____.
 (Awareness; Interest; Memory power)
8. _____ are the ones that blossom as unique creations.
 (Self awareness; Self experience; Self motivation)
9. _____ maintains blood sugar level.
 (Physical exercise; Junk food; Relaxation)
10. Spend time to _____ because this is the way for success.
 (Play; Watch T.V; Study)

II. Fill in the Blanks: 5x1=5

1. Breathing exercise in Yoga is called _____.
2. _____ that aids us to differentiate between good and bad.

3. _____ is that which give shapes to feeling.
4. _____ comes from the action of searching.
5. _____ is the right time to identify will power and experience all the benefits.

III. Fill in the Blanks with suitable words: 5x1=5

1. Spend time to think : **Power of Act** :: Spend time to Study : _____.
2. Endocrine system : **Produce Hormones** :: Circulatory System : _____.
3. Carbohydrates : **Energy** :: protein : _____.
4. Conscience : **Good / Bad** :: Instinct : _____.
5. Borrow book to read : **Increase your knowledge** :: Have Confidence to remember what you study : _____.

IV. Match the Following : 5x1=5

1. Kim Garst - I have a dream
2. Swami Vivekananda - Successful people understand the value of time
3. Rhonda Byrne - If you don't value time neither will others
4. Martin Luther - Open the minds to the unlimited creative power
5. Raymond Arroyo - When you waste time, look at the clock

V. Answer the questions in ONE sentence each: 5x1=5

1. What is will power?
2. Name the five great elements of the Earth?
3. What are the three powers that activate us ?
4. What is the power of education ?
5. What is creative power.

VI. Answer any FIVE of the following in THREE OR FOUR sentences each: 5x2=10

1. What are the benefits of Pranayama ?
2. Mention a few ways to draw will power?
3. Why does forgetfulness occur ?
4. How do you define power of knowledge?
5. Name a few ways in which time can be stolen ?
6. What are the economic effects of Alcoholism ?.

VII. Answer any SIX of the following in FIVE OR SIX sentences each: 6x3=18

1. What will you do to improve your memory power?
2. What are the ill effects of alcoholism on youth?
3. What are the ways for a student to use time successfully?
4. What are the efforts that students should take in order to grow in will power?
5. What are the ways and means to enhance power of Knowledge?
6. Name five benefits of physical exercise?
7. What is the significance of creativity?

VIII. Explain any TWO of the following: 2x5=10

1. Prevention is better than cure ? How can you develop precautionary measures
2. Education is not a burden ? Explain.
3. Successful people understand the value of time ? Justify.

IX. Give solutions to any TWO of the following: 2x6=12

1. Gagan a student of Std X wanted to copy in the final exam. His friend Raju knew the plan of Gagan and requested him not to do so, but to study hard. Gagan did not listen. He said if he does not copy he will not pass the examination. Gagan said if I am not caught, I will surely pass the examination easily.